



Essential Drugs List (EDL)

UNANI MEDICINE

Department of AYUSH
(Drug Control Cell)
Ministry of Health and Family Welfare
Government of India
www.indianmedicine.nic.in

March 2013



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Disclaimer: This Essential Drugs List (EDL) has been prepared with a consultative process based on inputs received from a number of stakeholders and the focus given to include only generic medicines from pharmacopeia, formulary and authoritative texts. The contributors and reviewers have taken due care to ensure correctness of the contents before publication and cannot be held responsible for any omission or inadvertent errors, nor can they warrant that all aspects of the subject have been covered. The Essential Drugs List is a guiding tool for procurement and stocking of medicines.

Those who are going to use or refer this EDL for procurement of medicines are welcome to provide their feedback and suggestions for any corrections or improvement. In this regard, write to Joint Adviser, Drug Control Cell, Department of AYUSH, 'B' Block, GPO Complex, INA, New Delhi-110023 by post or by email at dcc-ayush@nic.in



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FOREWORD

Medicines form backbone of the health delivery system. Availability of essential medicines is an important aspect to ensure peoples' access to the public health facilities. These have to be carefully selected for supply to health facilities on the basis of assured safety, efficacy and quality to address health needs of the people with success and confidence of the practitioners to use them. In this direction, the Department of AYUSH, Ministry of Health & Family Welfare, Government of India has been striving to safeguard the health of people with a number of measures for quality control of Ayurveda, Siddha, Unani and Homoeopathic medicines.

To overcome the problem of availability of AYUSH medicines in the public health system and facilitate the State & Central authorities for smooth procurement of medicines, the Drug Control Cell in the Department of AYUSH has undertaken a yearlong exercise to review the lists of essential Ayurveda, Siddha, Unani and Homoeopathic (ASU&H) drugs published in the year 2000 and in the process interacted with various stakeholders, including representatives from the fraternity of in-service practitioners, AYUSH Officers and procurement authorities from central and state government organizations. Comprehensive Essential ASU&H drug lists presently drawn with cross sectional consultation take in to account pharmacopoeias, formularies and regional preferences for certain medicines and offer wide choice for need-based selection of generic medicines.

The initiative of formulating AYUSH Essential Drug Lists has been steered with the vision and direction of Shri Anil Kumar, Secretary (AYUSH). I hope the present “Essential Drugs List-Unani Medicine” will act as a guiding tool for the procurement agencies to fulfill the supply of Unani medicines in dispensaries, hospitals and co-located Unani Medicine facilities in PHCs, CHCs and District Hospitals. On behalf of Department of AYUSH, it is my privilege to convey appreciation to the considerable efforts of AYUSH experts led by Dr. D.C. Katoch, Joint Adviser (Ayurveda) to have accomplished an important task of laying down the foundation to facilitate procurement of ASU&H medicines in the states. The EDL is expected to ease the accessibility of medicines in health facilities and streamline the management of medicinal supplies with meaningful use of resources in the central and state organizations.

22nd March, 2013


(Anil Ganeriwala)



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PREFACE

Essential medicines act as a powerful means to promote health equity and are selected with due regard to disease prevalence, evidence of efficacy and safety, and comparative cost-effectiveness. Such medicines have to be available within the context of functioning health systems at all times, in adequate amounts, in the appropriate dosage forms, with assured quality, and at affordable prices. Careful selection of essential medicines with a limited range results in a higher quality of patients' care, better management of medicines and cost-effective utilization of health resources. Clinical guidelines and list of essential medicines aim at improving the availability and proper use of medicines within the health care delivery system. However, the selection of AYUSH medicines for essential drugs list needs specific consideration in view of their multiple indications, dosage forms and diverse preferences of practitioners, which vary from state to state and region to region.

The concept of essential medicines is forward-looking and important from the perspective of universal health coverage in meeting health needs of the people. Therefore, updating of EDL at regular intervals is essentially required to reflect various therapeutic options in accordance with the therapeutic needs of the populations due to varied prevalence of diseases and changing health seeking behavior. The recent report of Common Review Mission of the National Rural Health Mission has brought out that peoples' demand for and access to AYUSH treatment has increased with co-location of AYUSH facilities in primary health network. This scenario has resulted from Central Government's continuous support to the states for supply of medicines to AYUSH units. However, weak procurement system coupled with lack of easy-to-follow a standard comprehensive list of essential medicines is perhaps the reason that greatly hampers the constant availability of medicines in the health facilities. Sustainable efforts in this direction are required to ensure that essential medicines are regularly available in the health facilities and the people do not have to suffer from paying medicines' cost from their pockets.

AYUSH Essential Drug Lists were last formulated in the year 2000 and their updating was overdue considering the developments that took place in the last 6-7 years with the mainstreaming of AYUSH under NRHM and provision of central government's support to the states for strengthening AYUSH health services. The exercise for updating the EDLs was therefore taken up with a view to formulate practitioners' preference based lists of such Ayurveda, Siddha, Unani and Homeopathy medicines as are documented in the authoritative books and pharmacopoeias and formularies. The inputs of practitioners, who by virtue of being in direct touch with the patients know better about the access, quality and culturally appropriate use of ASU&H medicines, formed the basis to develop the respective EDLs. This harmonized approach helped in accommodating certain medicines in the EDLs, which are preferred by practitioners in a particular region because of their composition, long history of safe and effective use for certain ailments and which are not much practiced in other parts of the country owing to ignorance as well as lack of their availability.

It is pertinent to mention that the AYUSH EDLs are not the standard lists of medicines but are the outcome of careful selection of a limited range of system-wise medicines meant to guide need-based procurement and stocking of medicines in the health facilities. Based on these lists, States can easily organize purchase of medicines for dispensaries, hospitals and other health facilities. EDLs also influence the production of medicines and should form the basis for manufacturing of medicines in the government and cooperative pharmacies for supply to state dispensaries and hospitals. While these EDLs may be used as the building block for all procurement of medicines done with central funds, the states may have the flexibility to procure medicines from their own resources. However, it is always advisable to follow the EDLs for bulk purchase of medicines for dispensaries, hospitals, mobile clinics and medical camps run by the government and government-aided organizations. Relying on EDL-based procurement of medicines has the benefit of objective, transparent and need-based selection of medicines and optimal use of financial resources for health coverage. Inconsistencies in drug procurement can be easily curbed with reliance on EDLs leading to proper management of supplies and increased public confidence in health services.

New Delhi, 22nd March 2013



(Dr. D. C. Katoch)

Joint Adviser

Drug Control Cell, Department of AYUSH

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Vision

- Shri Anil Kumar, Secretary, Department of AYUSH.

Facilitation

- Shri Anil Ganeriwala, Joint Secretary, Department of AYUSH.

Initiation & Coordination

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- Dr. D.C. Katoch, Joint Adviser (Ayurveda), Department of AYUSH.

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Technical Editing & Review

- Prof. Rais-ur-Rahman, Advisor (Unani), Department of AYUSH.
- Dr. D.C. Katoch, Joint Adviser, Drug Control Cell, Department of AYUSH.

Guidelines

Following are the guiding principles to organize procurement and management of essential medicines-

- 1) Essential Drugs List (EDL) should be preferred for selection and procurement of medicines for supply to AYUSH health facilities. It may be taken as building block for need-based selective medicinal procurements.
- 2) It is imperative to ensure that medicines being procured are genuine and meet the licensing requirements and quality standards as mentioned in the Drugs & Cosmetics Act, 1940 and the Rules thereunder.
- 3) Since medicines are used for multiple indications, it is better to select such medicines from the EDL for procurement as could effectively meet the priority health needs of the population in the catchment areas of dispensaries, hospitals etc. In this regard, decision for listing out the medicines from EDL for procurement should be based on collective recommendations of the in-service doctors at state or district level. It is not necessary that all medicines listed in EDL have to be purchased. The procurement agencies may decide the required medicines as per the prevalence of ailments and needs of patients attending the health facilities.
- 4) To discourage loose dispensing of medicines to the patients, it is advisable to procure medicines in standard unit pack sizes as indicated in EDL for each medicine. The unit pack size of the medicine has been indicated on the basis of weekly requirement of medicines to be given to the patients. Small dispensable paper bags, plastic bottles, polythene envelopes etc. may be used for dispensing medicines to patients for 3-4 days.
- 5) The indications, contraindications and precautions of use given against each medicine are the general and illustrative. Specific details of proper use of medicines may be seen in the respective authoritative or reference books.
- 6) The medicines to be procured out of the EDL must be distributed to patients under medical supervision.
- 7) Due care of the storage conditions and expiry dates of the medicines should be taken. Spoiled or expired medicines should not be used or dispensed.

Essential Drugs List- Unani Medicine

Abbreviations: NFUM- National Formulary of Unani Medicine; UPI- Unani Pharmacopoeia of India; gm- Gram; ml.- Millilitre; NS- Nothing Specific; q.s.- Quantity Sufficient; BK-II- Biaz Kabir, Vol. II; OPD- Out Patient Department; IPD- In Patient Department

(A) Arqqiyat								
S.No.	Name of medicine	Reference Text		Dispensing Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use (OPD/ IPD)
		Book Ref.	Page No					
1	Arq-e-Ajeeb	NFUM-I	211	05 ml	Nafkh-e-Shikam, Ghasiyan, Qai, Waj-ul-Meda, Ishal, Haiza, Qulanj, Nazla, Zukam, Laza-e-Hashrat, Shaiqa, Suda	2 to 5 drops	NS	Both
2	Arq-e-Ajwayin	NFUM-I	211	200 ml	Zof-e-Hazm, Nafkh-e-Shikam	50 to 100 ml	NS	Both
3	Arq-e-Amber	NFUM-V	134	200 ml	Zof-e-Qalb, Zof-e-Dimagh	30 – 60 ml	NS	Both
4	Arq-e-Badiyan	NFUM-I	214	200 ml	Su-e-Hazm, Nafkh-e-Shikam	60 to 120 ml	NS	Both
5	Arq-e-Gaozaban	NFUM-I	215	200 ml	Zof-e-Aza-e-Raesa, Khafkhan	60 to 120 ml	NS	Both
6	Arq-e-Gulab	NFUM-I	215	50 ml	Muqawwi-e-Qalb, Mohallil-e-Warm	60 to 120 ml	NS	Both
7	Arq-e-Kasni	NFUM-I	217	200 ml	Warm-e-Kabid, Yarqan	60 to 120 ml	NS	Both
8	Arq-e-Mako	NFUM-I	218	200 ml	Zof-e-Kabid, Warm-e-Ahsha	60 to 120 ml	NS	Both
9	Arq-e-Mundi	NFUM-I	218	200 ml	Fasad-ud-Dam	60 to 120 ml	NS	Both
10	Arq-e-Naana	NFUM-I	219	200 ml	Nafkh-e-Shikam, Waj-ul-Meda	60 to 120 ml	NS	Both
11	Arq-e-Zeera	NFUM-V	138	200 ml	Muqawwi-e-Meda and Kasir-e-Riyah	50 – 75 ml	NS	Both
(B) Huboob								
12	Habb-e-Asgand	NFUM-V	08	30 pills	Waja-ul-Mafasil and Waja-ul-Warik	500 mg-1gm	NS	Both
13	Habb-e-Azaraq	NFUM-I	11	30 pills	Falij, Laqwa, Khadar	250 – 500 mg	Hypertension	Both
14	Habb-e-Banafsha	NFUM-III	11	30 pills	Suda, Sual, Zeequn Nafas Rewi	5 – 10gms	NS	Both
15	Habb-e-Bawaseer Amya	NFUM-I	11	30 pills	Bawaseer-e-Amya, Qabz	250 – 500 mg	NS	Both

S.No.	Name of medicine	Reference Text		Dispensing Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use (OPD/IPD)
		Book Ref.	Page No					
16	Habb-e-Bawaseer Damiya	NFUM-I	11	30 pills	Bawaseer-e-Damiya	250 – 500 mg	NS	Both
17	Habb-e-Bukhar	NFUM-I	13	30 pills	Humma-e-Hadda	250 – 500 mg	NS	Both
18	Habb-e-Dabba-e-Atfal	NFUM-I	13	30 pills	Dabba Atfal, Qabz	125 – 250 mg	NS	Both
19	Habb-e-Hilteet	NFUM-I	15	30 pills	Nafkh-e-Shikam, Zof-e-Hazm, Zof-e-Ishteha	500mg – 1 gm	NS	Both
20	Habb-e-Hindi Zeeqi	NFUM-I	18	30 pills	Zeeq-un-Nafas	125 – 250 mg	Pregnancy	Both
21	Habb-e-Jadwar	NFUM-I	19	30 pills	Zof-e-Asab, Zof-e-Bah	250 – 500 mg	NS	Both
22	Habb-e-Jalinoos	NFUM-V	09	30 pills	Zof-e-Asab, Zof-e-Bah	250 – 500 mg	NS	Both
23	Habb-e-Jawahir	NFUM-I	20	30 pills	Zof-e-Aza-e-Raesa, Zof-e-Asab	125 – 250 mg	NS	Both
24	Habb-e-Jiryān	NFUM-III	21	30 pills	Jiryān, Kasrat-e-Ihtelam	250 – 500mg	NS	Both
25	Habb-e-Jund	NFUM-I	21	30 pills	Umm-us-Sibyan, Sara, Falij	125 – 500 mg	NS	Both
26	Habb-e-Kabid Naushadri	NFUM-I	21	30 pills	Zof-e-Hazm, Waram-e-Kabid	500mg – 1 gm	Hypertension	Both
27	Habb-e-Karanjwa	NFUM-III	23	30 pills	Humma	150 – 250 mg	NS	Both
28	Habb-e-Khabsul Hadeed	NFUM-I	22	30 pills	Faqr-ud-Dam, Istesqa, Bawaseer-e-Damiya	150 – 500 mg	NS	Both
29	Habb-e-Loban	NFUM-III	26	30 pills	Sual-e-Yabis, Zatur Riya, Zatul Janab	150 – 250 mg	NS	Both
30	Habb-e-Mubarak	NFUM-I	24	30 pills	Humma-e-Ajamiya	1 – 2 gm	NS	Both
31	Habb-e-Mudir	NFUM-I	24	30 pills	Ehtebas-e-Tams	2 – 4 gm	Pregnancy	Both
32	Habb-e-Mumsik	NFUM-I	24	30 pills	Surat-e-Inzal, Kasrat-e-Ehtelam	250 – 500 mg	NS	Both
33	Habb-e-Muqil	NFUM-I	26	30 pills	Bawaseer Amya, Qabz, Waj-ul-Mafasil	500mg – 1 gm	NS	Both
34	Habb-e-Mussafi-e-Khoon	NFUM-III	32	30 pills	Fasad-ud-Dam	250 – 500mg	NS	Both
35	Habb-e-Pechish	NFUM-I	30	30 pills	Zaheer, Nazf-ud-Dam, Ishal	125 – 250 mg	NS	Both

S.No.	Name of medicine	Reference Text		Dispensing Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use (OPD/IPD)
		Book Ref.	Page No					
36	Habb-e-Raal	NFUM-I	30	30 pills	Ishal, Qurooh-e-Meda, Qurooh-e-Ishna Ashri	500mg-1gm	NS	Both
37	Habb-e-Rasaut	NFUM-I	31	30 pills	Bawaseer-e-Damiya, Zaheer-e-Muzmin	3 – 5 gm	NS	Both
38	Habb-e-Shaheeqa	NFUM-I	32	30 pills	Shaheeqa, Sual-e-Yabis	125-250 mg	NS	Both
39	Habb-e-Shifa	NFUM-I	31	30 pills	Humma, Tashanuj-e-Rewi, Zeeq-un-Nafas Nisa, Niqras,	250-500 mg	Pregnancy, Infants and small children	Both
40	Habb-e-Suranjan	NFUM-I	33	30 pills	Irq-un-nisa, Waj-ul-Mafasil, Warm-e-Mafasil	1 – 3 gm	NS	Both
41	Habb-e-Surfa	NFUM-I	34	30 pills	Musakkin-e-Sual	125-250 mg	NS	Both
42	Habb-e-Tankar	NFUM-I	35	30 pills	Qabz-e-Muzmin, Nafkh-e-Shikam	500-750 mg	NS	Both
43	Habb-e-Tursh Mushtahi	NFUM-I	36	30 pills	Zof-e-Hazm, Zof-e-Ishteha, Nafkh-e-Shikam	500mg-1gm	Hypertension	Both
44	Habb-e-Ustukhuddus	NFUM-IV	30	30 pills	Falij, Laqwa, Istirqa	2 – 5 gms	NS	Both
45	Habb-e-Zahar Mohra	NFUM-I	36	30 pills	Ishal-e-Atfal, Atash-e-Mufrit	250-500 mg	NS	Both

(C) Aqras

46	Qurs-e-Anjbar	NFUM-I	37	30 pills	Ishal-e-Damvi, Kasrat-e-Tams, Nafs-ud-Dam	3 – 5 gm	NS	Both
47	Qurs-e-Dawa-ul-Shifa	NFUM-IV	32	30 pills	Zightuddam Qawi, Haijan, Junoon, Sahar	250 – 500 mg	NS	Both
48	Qurs-e-Deedan	NFUM-I	37	30 pills	Deedan-e-Ama	250 -500 mg	NS	Both
49	Qurs-e-Ghafis	NFUM-I	38	30 tabs	Warm-e-Mirara, Warm-e-Kabid, Warm-e-Tehal	5 – 10 gm	NS	Both
50	Qurs-e-Gulnar	NFUM-I	38	30 pills	Ishal-e-Muzmin, Ishal-e-Damvi, Nazf-ud- Dam	5 – 10 gm	NS	Both
51	Qurs-e-Habis	NFUM-V	22	30 pills	Nakseer, Kasrat-e-Tams, Kasrat-e-Haiz, Baul-ud-Dam	250 – 500 mg	NS	Both

S.No.	Name of medicine	Reference Text		Dispensing Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use (OPD/IPD)
		Book Ref.	Page No					
52	Qurs-e-Kafoor	NFUM-I	39	30 tabs	Humma-e-Haadda, Humma-e-Diq	5 – 10 gm	NS	Both
53	Qurs-e-Malti Basant	NFUM-V	26	30 pills	Ishal, Zof-e-Meda	100 – 150 mg	NS	Both
54	Qurs-e-Mulaiyin	NFUM-I	41	30 tabs	Qabz, Qulanj Suddi, Suda-e-Muzmin	1 – 2 gm	NS	Both
55	Qurs-e-Musakkin	NFUM-VI	34	30 pills	Waj-ul-Badan, Zof-e-Asab, Izmehlal	250 – 500 mg	NS	Both
56	Qurs-e-Sartan Kafoori	NFUM-II	33	30 pills	Tap-e-Moharaqa, Sual, Diq, Sil	3 – 5 gm	NS	Both
57	Qurs-e-Silajeet	NFUM-V	28	30 pills	Zof-e-Umoomi, Jiryane-Mani wa mazi and Kasrat-e-Baul	250 – 500mg	NS	Both
58	Qurs-e-Zarishk	NFUM-I	46	30 tabs	Zof-e-Kabid, Su-ul-Qinya	5 – 10 gm	NS	Both
59	Qurs-e-Ziabetes Khas	NFUM-I	46	30 tabs	Ziabetes Sadiq	1 – 2 gm	NS	Both

(D) Khustajat

60	Kushta-e-Abrak Siyah	NFUM-I	68	10 gms	Ziabetes Kazib, Sual	60 – 120 mg	Pregnancy	Both
61	Kushta-e-Baiza-e-Murgh	NFUM-I	69	10 gms	Jiryane, Surat-e-Inzal, Sailan-u-Rahem, Kasrat-e-Baul	125 – 500 mg	NS	Both
62	Kushta-e-Faulad	NFUM-I	70	10 gms	Su-ul-Qinya, Zof-e-Kabid	15 – 30 mg	NS	Both
63	Kushta-e-Gaodanti	NFUM-I	70	10 gms	Hummiyat, Falij, Laqwa, Waj-ul-Mafasil, Niqras	60 – 120 mg	NS	Both
64	Kushta-e-Hajr-ul-Yahood	NFUM-I	70	10 gms	Hasat-e-Masana, Hasat-e-Kulya	125 – 250 mg	NS	Both
65	Kushta-e-Marjan Sada	NFUM-I	72	10 gms	Zof-e-Qalb, Nazla Muzmin	125 – 250 mg	NS	Both
66	Kushta-e-Sankh	NFUM-I	77	10 gms	Sil, Diq	500mg – 1gm	NS	Both
67	Kushta-e-Sadaf	NFUM-I	75	10 gms	Sailan-ur-Rahem, Jiryane, Nazf-ud-Dam, Zof-e-Qalb	300 – 400 mg	NS	Both
68	Kushta-e-Qalai	NFUM-I	75	10 gms	Jiryane, Surat-e-Inzal, Sailan-ur-Rahem	125 – 250 mg	NS	Both
69	Kushta-e-Qaran ul Eyyal	NFUM-V	58	10 gms	Suaal-e-Balghami, Zaat-ur-Riya, Zaat-ul-Janab and Wajus-Sadr.	60 – 125 mg	NS	Both

(E) Itrifalat

S.No.	Name of medicine	Reference Text		Dispensing Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use (OPD/IPD)
		Book Ref.	Page No					
70	Itrifal-e-Aftimoon	NFUM-II	101	100 gms	Malikhuliya, Junoon, Waswas	5 – 10 gms	NS	Both
71	Itrifal-e-Deedan	NFUM-I	92	100 gms	Deedan-e-Ama	10 – 15 gms	NS	Both
72	Itrifal-e-Fauladi	NFUM-III	90	100gms	Bawaseer-e-Amya, Sul-Qinya	5 – 10 gms	NS	Both
73	Itrifal-e-Ghudadi	NFUM-I	93	100 gms	Khanazeer, Warm-e-Ghudad	10 – 20 gms	NS	Both
74	Itrifal-e-Kabir	NFUM-I	94	100 gms	Zof-e-Dimagh, Nazla Muzmin	5 – 10 gms	NS	Both
75	Itrifal-e-Kishneezi	NFUM-I	94	100 gms	Nazla Muzmin, Nafkh-e-Shikam, Suda-e-Reehi	10 – 30 gms	NS	Both
76	Itrifal-e-Mulayin	NFUM-V	70	100 gms	Qabz, Nazla and Suda	5 – 10 gms	NS	Both
77	Itrifal-e-Muqawwi Dimagh	NFUM-V	70	100 gms	Zof-e-Dimagh, Nazla and Dard-e-Sar	5 – 10 gms	NS	Both
78	Itrifal-e-Shahtra	NFUM-I	96	100 gms	Fasad-ud-Dam, Suda, Kharish	5 – 10 gms	NS	Both
79	Itrifal-e-Ustukhuddoos	NFUM-I	96	100 gms	Nazla Muzmin, Suda, Sara,	5 – 10 gms	NS	Both
80	Itrifal-e-Zamani	NFUM-I	97	100 gms	Qabz, Qulanj, Suda, Nazla	5 – 10 gms	NS	Both

(F) Jawarishat

81	Jawarish-e-Amla Sada	NFUM-I	97	100 gms	Zof-e-Meda, Zof-e-Kabid, Nafkh-e-Shikam, Ishal-e-Safrawi, Khafkhan	5 – 10 gms	NS	Both
82	Jawarish-e-Anarain	NFUM-I	98	100 gms	Zof-e-Meda, Zof-e-Kabid, Ghasiyan, Ishal-e-Safrawi	5 – 10 gms	NS	Both
83	Jawarish-e-Bisbasa	NFUM-I	98	100 gms	Zof-e-Meda, Zof-e-Hazm, Bawaseer Amya, Nafkh-e-Shikam	5 – 10 gms	NS	Both
84	Jawarish-e-Buqrat	NFUM-IV	55	100 gms	Zof-e-Meda, Zof-e-Hazm,	5 – 10 gms	NS	Both
85	Jawarish-e-Jalinoos	NFUM-I	100	100 gms	Zof-e-Aza-e-Raesa, Zof-e-Meda, Nafkh-e-Shikam	5 – 15 gms	NS	Both

S.No.	Name of medicine	Reference Text		Dispensing Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use (OPD/IPD)
		Book Ref.	Page No					
86	Jawarish-e-Kamooni	NFUM-I	100	100 gms	Humuzat-e-Meda, Qabz, Nafkh -e-Shikam	10 – 15 gms	NS	Both
87	Jawarish-e-Mastagi	NFUM-I	101	100 gms	Zof-e-Meda, Sailan-e-Loab-e-Dahan, Ishal	5 – 10 gms	NS	Both
88	Jawarish-e-Muqawwi-e-Meda	NFUM-VI	57	100 gms	Zof-e-Meda, Zof-e-Ama, Zof-e-Ishteha	5 – 10 gms	NS	Both
89	Jawarish-e-Ood -e-Tursh	NFUM-I	103	100 gms	Zof-e-Meda, Qai, Ghasiyan	5 – 10 gms	NS	Both
90	Jawarish-e-Pudina	NFUM-I	103	100 gms	Zof-e-Hazm, Zof-e-Ishteha, Ishal	5 – 10 gms	NS	Both
91	Jawarish-e-Shahi	NFUM-I	104	100 gms	Nafkh-e-Shikam, Khafqan, Waswas	5 – 10 gms	NS	Both
92	Jawarish-e-Tamr Hindi	NFUM-I	105	100 gms	Qai, Karb, Khafqan, Zof-e-Meda	5 – 10 gms	NS	Both
93	Jawarish-e-Zanjabeel	NFUM-I	106	100 gms	Nafkh-e-Shikam, Zof-e-Ishteha, Ishal	5 – 10 gms	NS	Both
94	Jawarish-e-Zarooni Sada	NFUM-I	106	100 gms	Zof-e-Kulya, Hasat-e-Kulya o Masana,	5 – 10 gms	NS	Both
(G) Khamirajat								
95	Khamira Abresham Hakim Arshad wala	NFUM-I	108	60 gms	Zof-eAza-e-Raeesa, Zof-e-Umumi, Khafqan	3 – 6 gms	NS	Both
96	Khamira Abresham Sada	NFUM-I	109	60 gms	Khafqan, Zof-e-Qalb	5 – 10 gms	NS	Both
97	Khamira Abresham Sheera Unnab wala	NFUM-V	76	60 gms	Khafqan, Muqawwi-e-Dimagh, Zof-e-Basar	3 – 6 gms	NS	Both
98	Khamira Banafsha	NFUM-I	109	60 gms	Nazla, Sual, Qabz	10 – 20 gms	NS	Both
99	Khamira Gaozaban Ambri Jawahir wala	NFUM-I	110	60 gms	Zof-e-Dimagh, Zof-e-Asab, Zof-e-Qalb	3 – 5 gms	NS	Both
100	Khamira Gaozaban Ambri Jadwar Ood Saleeb wala	NFUM-V	78	60 gms	Epilepsy, Ummus-Subiyan and Ikhtenaqur-Rahem	3 – 5 gms	NS	Both

S.No.	Name of medicine	Reference Text		Dispensing Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use (OPD/IPD)
		Book Ref.	Page No					
101	Khamira Gaozaban Sada	NFUM-I	110	60 gms	Zof-e-Dimagh, Zof-e-Qalb, Malikhuliya, Zof-e-Basarat	5 – 10 gms	NS	Both
102	Khamira Marwareed	NFUM-I	111	60 gms	Zof-e-Qalb, Zof-e-Asab, Khafqan, Atash-e-Mufrit	3 – 5 gms	NS	Both
103	Khamira Sandal Sada	NFUM-I	112	60 gms	Khafkhan	5 – 10 gms	NS	Both

(H) Laooqat and Luboob

104	Laooq-e-Badam	NFUM-I	113	100 gms	Sual, Khushunat-e-Halaq	5 – 10 gms	NS	Both
105	Laooq-e-Hulba	NFUM-I	114	100 gms	Bohat-us-Saut, Zeeq-un-Nafas	5 – 10 gms	NS	Both
106	Laooq-e-Katan	NFUM-I	115	100 gms	Zat-ur-Riya, Sual, Zeeq-un-Nafas	5 – 10 gms	NS	Both
107	Laooq-e-Khashkhash	NFUM-III	84	100 gms	Nazla-e-Haad, Zukam, Sual	5 – 10 gms	NS	Both
108	Laooq-e-Khiyarshambar	NFUM-I	115	100 gms	Nazla, Zukam, Sual, Qabz	10 – 20gms	NS	Both
109	Laooq-e-Sapistan	NFUM-I	116	100 gms	Anaf-ul-Anza, Sual-e-Muzmin, Nazla, Zukam	10 – 20gms	NS	Both
110	Laooq-e-Shamoon	NFUM-I	116	100 gms	Nazla, Zukam	5 – 10 gms	NS	Both
111	Luboob-e-Kabir	NFUM-I	117	100 gms	Zof-e-Bah, Zof-e-Asab, Qillat-e-Mani	5 – 10 gms	NS	Both
112	Luboob-e-Sagheer	NFUM-I	119	100 gms	Zof-e-Bah, Zof-e-Asab, Qillat-e-Mani	5 – 10 gms	NS	Both

(I) Marham (Qairooti and Zimad)

113	Marham Gulabi	NFUM-I	163	50 gms	Qurooh, Busoor, Haraq, Salq	q.s / for external use	NS	Both
114	Marham-e-Kafoori	NFUM-I	164	50 gms	Shiqaq-ul-Meqad, Hikka, Jarb	q.s / for external use	NS	Both
115	Marham-e-Quba	NFUM-I	165	50 gms	Quba, Khushunat-e-Jild	q.s / for external use	NS	Both
116	Qairooti-e-Aarad-e-Karsana	NFUM-I	167	50 gms	Zat-ul-Janb, Zat-us-Sadar, Zat-ul-Riya	q.s / for external use	NS	Both

S.No.	Name of medicine	Reference Text		Dispensing Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use (OPD/IPD)
		Book Ref.	Page No					
117	Zimad-e-Jalinoos	NFUM-I	169	50 gms	Salabat-e-Azlat, Salabat-e-Meda o Kabid	q.s / for external use	NS	Both
118	Zimad-e-Mohallil	NFUM-I	170	50 gms	Warm, Waj-ul-Mafasil	q.s / for external use	NS	Both
119	Zimad-e-Tehal	NFUM-I	172	50 gms	Salabat-e-Tehal, Warm-e-Tehal	q.s / for external use	NS	Both

(J) Majoonat

120	Majoon-e-Aqrab	NFUM-I	121	100 gms	Hasat-e-Kulya, Hasat-e Masana	5 – 10 gms	NS	Both
121	Majoon-e-Arad Khurma	NFUM-I	120	100 gms	Jiryana, Riqqat-e-Mani, Zof-e-Bah, Qillat-e-Mani	10 – 15gms	NS	Both
122	Majoon-e-Azaraqi	NFUM-I	122	100 gms	Falij, Laqwa, Waj-ul-Mafasil, Zof-e-Asab	3 – 5 gms	NS	Both
123	Majoon-e-Chobchini	NFUM-I	123	100 gms	Waj-ul-Mafasil, Falij, Hikka, Jarb	5 – 10 gms	NS	Both
124	Majoon-e-Dabeed-ul-ward	NFUM-I	124	100 gms	Zof-e-Kabid, Warm-e-Kabid, Faqr-ud- Dam,	5 – 10 gms	NS	Both
125	Majoon-e-Flasifa	NFUM-I	125	100 gms	Waj-ul-Mafasil, Zof-e-Bah, Salas-ul-Baul	5 – 10 gms	NS	Both
126	Majoon-e-Hajr-ul-Yahood	NFUM-I	127	100 gms	Hasat-e-Kulya, Hasat-e-Masana	5 – 10 gms	NS	Both
127	Majoon-e-Hamal Ambari Alwi Khani	NFUM-I	127	100 gms	Zof-e-Rahem, Adat-e-Isqat	5 – 10 gms	NS	Both
128	Majoon-e-Ispand Sokhtani	NFUM-I	128	100 gms	Waj-ul-Asab, Surat-e-Inzal	5 – 10 gms	NS	Both
129	Majoon-e-Jograj Guggal	NFUM-I	129	100 gms	Falij, Laqwa, Rasha, Warm-e-Mafasil	5 – 10 gms	NS	Both
130	Majoon-e-Kundur	NFUM-I	133	100 gms	Zof-e-Masana, Taqteer-ul-Baul, Salas-ul-Baul, Baul Filfrash	5 – 10 gms	NS	Both
131	Majoon-e-Lana	NFUM-I	134	100 gms	Zof-e-Asab, Falij, Laqwa, Rasha	3 – 5 gms	NS	Both
132	Majoon-e-Masik-ul-Baul	NFUM-I	134	100 gms	Salas-ul-Baul, Baul Filfrash, Sailan-e-Mani	5 – 10 gms	NS	Both
133	Majoon-e-Muqawwi-e-Rahem	NFUM-I	137	100 gms	Sailan-ur-Rahem, Isterkha-e-Rahem, Kasrat e Tams	5 – 10 gms	NS	Both

S.No.	Name of medicine	Reference Text		Dispensing Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use (OPD/IPD)
		Book Ref.	Page No					
134	Majoon-e-Muqil	NFUM-I	136	100 gms	Qabz, Warm-e-Quloon, Bawaseer Amiya	5 – 10 gms	NS	Both
135	Majoon-e-Najah	NFUM-I	138	100 gms	Malkhuliya, Ikhtinaq-ur-Rahem, Qulanj	5 – 10 gms	NS	Both
136	Majoon-e-Nankhwah	NFUM-I	138	100 gms	Zof-e-Ishteha, Nafkh-e-Shikam	5 – 10 gms	NS	Both
137	Majoon-e-Piyaz	NFUM-I	139	100 gms	Zof-e-Bah, Jiryan, Surat-e-Inzal	5 – 10 gms	NS	Both
138	Majoon-e-Rahul Momeneen	NFUM-I	140	100 gms	Zeeq-un-Nafas,	5 – 10 gms	NS	Both
139	Majoon-e-Saalab	NFUM-I	140	100 gms	Zof-e-Bah, Riqqat-e-Mani	5 – 10 gms	NS	Both
140	Majoon-e-Sangdana-e-Murgh	NFUM-I	141	100 gms	Zof-e-Meda, Zof-e-Ama, Zof-e-Kabid, Ishal	5 – 10 gms	NS	Both
141	Majoon-e-Seer Alvi Khani	NFUM-I	141	100 gms	Tasammum, Falij, Laqwa, Rasha	5 – 10 gms	NS	Both
142	Majoon-e-Suhag Sonth	NFUM-I	142	100 gms	Waj-ul-Rahem, Zof-e-Rahem, Sailan-ur-Rahem	5 – 10 gms	NS	Both
143	Majoon-e-Supari Pak	NFUM-I	143	100 gms	Sailan-ur- Rahem, Uqr	10 –15 gms	NS	Both
144	Majoon-e-Suranjan	NFUM-I	144	100 gms	Waj-ul-Mafasil, Niqras, Warm-e-Mafasil	5 – 10 gms	NS	Both
145	Majoon-e-Ushba	NFUM-I	145	100 gms	Waj-ul-Mafasil, Jarb, Hikka	5 – 10 gms	NS	Both
146	Majoon-e-Zabeeb	NFUM-I	146	100 gms	Sara	5 – 10 gms	NS	Both
(K) Mufarreh								
147	Muffarreh Azam	NFUM-III	92	100 gms	Zof-e-Qalb, Khafqan	3 – 5 gms	NS	Both
148	Mufarreh Yaqooti Motadil	NFUM-I	152	100 gms	Zof-e-Aza-e-Raeesa, Naqahat, Khafqan, Zof-e-Ishteha	5 – 10 gms	NS	Both
(L) Murabbajat and Gulqand								
149	Murabba-e-Belgiri	NFUM-I	179	100 gms	Zaheer, Ishal	20 – 30 gms	NS	Both
150	Murabba-e-Gazar	NFUM-I	180	100 gms	Zof-e-Basarat, Zof-e-Qalb o Dimagh, Su-ul-Qinya	20 – 30 gms	NS	Both

S.No.	Name of medicine	Reference Text		Dispensing Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use (OPD/IPD)
		Book Ref.	Page No					
151	Murabba-e-Halela	NFUM-I	180	100 gms	Zof-e-Basarat, Zof-e-Meda o Dimagh, Nafkh-e-Shikam	10 – 20 gms	NS	Both
152	Gulqand-e-Gulab	NFUM-I	181	100 gms	Qabz, Zof-e-Meda, Zof-e-Dimagh, Zof-e-Kabid	10 – 30 gms	NS	Both
153	Gulqand-e-Gurhal	NFUM-I	181	100 gms	Khafqan, Fasad- ud-Dam	10 – 30 gms	NS	Both
(M) Raughaniyat								
154	Raughan-e-Aamla	NFUM-I	189	50 ml	Intesar-e-Shar	q.s / for external use	NS	Both
155	Raughan-e-Babuna Sada	NFUM-I	190	50 ml	Zat-ur-Riya, Zat-ur-Sadar, Waj-ul-Uzn	q.s / for external use	NS	Both
156	Raughan-e-Baiza-e-Murgh	NFUM-I	191	50 ml	Da-us-Salab	q.s / for external use	NS	Both
157	Raughan-e-Gul	NFUM-I	193	50 ml	Suda-e-Muzmin, Warm-e-Mafasil Haad	q.s / for external use	NS	Both
158	Raughan-e-Haft Barg	NFUM-I	194	50 ml	Waj-ul-Mafasil, Falij, Laqwa	q.s / for external use	NS	Both
159	Raughan-e-Kahu	NFUM-I	196	50 ml	Sahar, Sara, Malikhuliya	q.s / for external use	NS	Both
160	Raughan-e-Laboob Saba	NFUM-I	196	50 ml	Sahar	q.s / for external use	NS	Both
161	Raughan-e-Malkangni	NFUM-I	197	50 ml	Waj-ul-Qutn, Niqras, Khadar, Zof-e-Asab	q.s / for external use	NS	Both
162	Raughan-e-Mom	NFUM-I	198	50 ml	Waj-ul-Asab, Falij, Laqwa	q.s / for external use	NS	Both
163	Raughan-e-Qaranfal	NFUM-I	198	05 ml	Waj-ul-Asnan, Qulanj	q.s / for external use	NS	Both
164	Raughan-e-Suranjan	NFUM-I	200	50 ml	Waj-ul-Mafasil, Ireq-un-Nisa, Niqras, Warm-e-Mafasil	q.s / for external use	NS	Both
165	Raughan-e-Surkh	NFUM-I	200	50 ml	Waj-ul-Mafasil, Ireq-un-Nisa, Niqras	q.s / for external use	NS	Both

S.No.	Name of medicine	Reference Text		Dispensing Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use (OPD/IPD)
		Book Ref.	Page No					
166	Raughan-e-Turb	NFUM-I	201	05 ml	Waj-ul-Uzn	q.s / for external use	NS	Both
167	Raughan-e-Zaitoon	NFUM-I	201	50 ml	Irq-un-Nisa, Waj-ul-Mafasil, Qurooh	q.s / for external use	NS	Both
(N) Sufoof								
168	Sufoof-e-Aamla	NFUM-I	232	50 gms	Qurooh-e-Ehleel, Usrul-Baul	3 – 5 gms	NS	Both
169	Sufoof-e-Bars	NFUM-I	233	50 gms	Bars	10 – 20 gms	NS	Both
170	Safoof-e-Chutki	NFUM-I	234	50 gms	Su-e-Hazm, Ishal	250 – 500 mg	NS	Both
171	Sufoof-e-Habisud-Dam	NFUM-I	234	50 gms	Kasrat-e-Tams, Nazfud-Dam, Ishal-e-Damwi	3 – 5 gms	NS	Both
172	Sufoof-e-Mudrre-Haiz	NFUM-I	239	50 gms	Ehtebas-e-Tams	5 – 10 gms	Pregnancy	Both
173	Sufoof-e-Muhazzil	NFUM-I	239	50 gms	Saman-e-Mufrit	5 – 10 gms	NS	Both
174	Safoof-e-Namak-e-Shaikur Raees	NFUM-I	232	50 gms	Zof-e-Hazm, Nafkh-e-Shikam, Ghasiyan	3 – 5 gms	Hypertension	Both
175	Sufoof-e-Sailan	NFUM-I	242	50 gms	Sailan-ur-Rahem	3 – 6 gms	NS	Both
176	Sufoof-e-Satt-e-Gilo	NFUM-I	242	50 gms	Humma, Humma-e-Ajamiya	3 – 5 gms	NS	Both
177	Sufoof-e-Teen	NFUM-I	245	50 gms	Ishal-e-Safrawi o Damwi, Zaheer, Qurooh-e-Meda	5 – 10 gms	NS	Both
178	Sufoof-e-Ziabetes Dulabi	NFUM-I	247	50 gms	Ziabetes Sadiq, Zof-e-Kulya	3 – 6 gms	NS	Both

(O) Sharbat

S.No.	Name of medicine	Reference Text		Dispensing Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use (OPD/IPD)
		Book Ref.	Page No					
179	Sharbat-e-Anar Shirin	NFUM-I	221	200 ml	Ghasiyan, Atash-e-Mufrit	25 – 50 ml	NS	Both
180	Sharbat-e-Anjbar	NFUM-I	221	200 ml	Nafs-ud-Dam, Nazf-ud-Dam, Kasrat-e-Tams	25 – 50 ml	NS	Both
181	Sharbat-e-Belgiri	NFUM-V	139	200 ml	Zaheer, Ishal	25 – 50 ml	NS	Both
182	Sharbat-e-Buzoori Motadil	NFUM-I	222	200 ml	Ehtebas-e-Baul, Humma-e-Murakkab	25 – 50 ml	NS	Both
183	Sharbat-e-Deenar	NFUM-I	222	200 ml	Warm-e-Kabid, Yarqan-e-Suddi	20 – 40 ml	NS	Both
184	Sharbat-e-Ejaz	NFUM-I	223	200 ml	Sual, Nazla,Zukam	20 – 40 ml	NS	Both
185	Sharbat-e-Faulad	NFUM-VI	124	200 ml	Faqr-ud-Dam	10 – 20 ml	NS	Both
186	Sharbat-e-Gurhal	BK-II	86	200 ml	Khafqan	25 – 50 ml	NS	Both
187	Sharbat-e-Khaksi	NFUM-V	140	200 ml	Humma, Moti Jhara,	25 – 50 ml	NS	Both
188	Sharbat-e-Nilofar	NFUM-I	223	200 ml	Atash-e-Mufrit, Zof-e-Qalb	25 – 50 ml	NS	Both
189	Sharbat-e-Sadar	NFUM-I	224	200 ml	Bohat-us-Saut, Warm-e-Lauzatain,Nazla, Sual	20 – 40 ml	NS	Both
190	Sharbat-e-Toot Siyah	NFUM-I	224	200 ml	Bohat-us-Saut Haad, Warm-e-Lauzatain, Warm-e-Hanjara, Sual	20 – 40 ml	NS	Both
191	Sharbat-e-Unnab	NFUM-I	224	200 ml	Sual	20 – 60 ml	NS	Both
192	Sharbat-e-Zoofa Murrakkab	BK-II	84	200 ml	Sual, Zeequnnafas	20 – 60 ml	NS	Both

(P) Miscellaneous

193	Anoshdaru Sada	NFUM-I	86	100 gms	Yarqan Suddi, Ishal, Zaheer, Zof-e-Umumi	5 – 10 gms	NS	Both
194	Banadiq-ul-Bazoor	NFUM-I	09	30 pills	Hirqat-ul-Baul,Qurooh-e-Kulya, Qurooh-e-Masana	5 – 10 gm	NS	Both
195	Dawa-ul-Kurkum	NFUM-I	88	100 gms	Zof-e-Kabid, Zof-e-Hazm, Istisqa	5 – 10 gms	NS	Both

S.No.	Name of medicine	Reference Text		Dispensing Pack Size	Main Indications	Dose	Precaution/Contraindication	Preferred use (OPD/IPD)
		Book Ref.	Page No					
196	Dayaqoozah	NFUM-I	91	100 gms	Nazla, Zukam, Sual	10 – 20 gms	NS	Both
197	Dawa-ul-Misk Motadil Sada	NFUM-I	90	100 gms	Zof-e-Aza-e-Raeesa, Khafqan,	5 – 10 gms	NS	Both
198	Dawa-ul-Misk Motadil Jawaharwali	NFUM-I	89	100 gms	Khafqan, Zof-e-Kabid	3 – 5 gms	NS	Both
199	Halwa-e-Gazar	NFUM-I	91	100 gms	Musammin-e-Badan, Zof-e-Kulya	20 – 30 gms	NS	Both
200	Halwa-e-Ghekawar	NFUM-V	67	100 gms	Waja-ul-Mafasil, Dard-e-Pusht, Zeeq-un-Nafas	12 – 25 gms	NS	Both
201	Halwa-e-Muqawwi-e-Basar	NFUM-II	113	100 gms	Zof-e-Basarat, Nazla, Zukam Muzmin	20 – 30 gms	NS	Both
202	Halwa-e-Suparipak	NFUM-V	69	100 gms	Sailaan-ur- Reham, Surat Anzaal, Jiryan, Surat	12 – 25 gms	NS	Both
203	Jawahir Mohra	NFUM-I	231	5 gms	Zof-e-Aza-e-Raeesa, Zof-e-Umumi, Sara	60 – 120mg	NS	Both
204	Kohal-ul-Jawahir	NFUM-I	60	5/10 gms	Zof-e-Basarat	q.s Ophthalmic use	NS	Both
205	Malerian	NFUM-VI	122	50 ml	Humma-e-Ajamiya, Zof-e-Tihal, Izm-e-Tihal, Humma-e-Ruba	3 – 6 ml	Pregnancy.	Both
206	Qutor-e-Ramad Qawi	NFUM-I	219	5 ml	Ramad	For Ophthalmic use	NS	Both
207	Sunoon-e-Mukhrij-e-Rutubat	NFUM-I	249	50 gms	Lissa-e-Damiya	Quantity Sufficient	NS	Both
208	Sikanjabeen Buzoori Motadil	NFUM-I	220	200 ml	Humma-e-Murakkab	25 – 50 ml	NS	Both
209	Sikanjabeen Naanai	NFUM-I	220	200 ml	Yarqan Suddi, Ghasiyan,	25 – 50 ml	NS	Both
210	Sikanjabeen Sada	NFUM-I	221	200 ml	Humma Safrawi, Yarqan Suddi, Ghasiyan	25 – 50 ml	NS	Both

S.No.	Name of medicine	Reference Text		Dispensing Pack Size	Main Indication	Doses	Precaution/Contraindication	Preferred use (OPD/IPD)
		Book Ref.	Page No					
211	Tiryaq-e-Arba	NFUM-I	154	100 gms	Tasammum, Tashannuj, Qulanj,	3-5 gms	NS	Both
212	Tiryaq-e-Nazla	NFUM-I	154	100 gms	Nazla, Zukam, Sual, Suda	5-10 gms	NS	Both
213	Zuroor-e-Qula	NFUM-I	252	10 gms	Qula	Quantity Sufficient	NS	Both

(Q) Single Drugs

214	Aamla	UPI-Part-I, Vol.I	5	50 gms	Zof-e-Dimagh, Nisyan, Suda, Qarha-e-Meda, Humuzat-e-Meda, Ishal	5-10 gms	NS	Both
215	Aaqarqarha	UPI-Part-I, Vol.II	1	25 gms	Waj-ul-Asnan, Falij, Surfa, Bohat-us-Saut, Zof-e-Bah	2-3 gms	NS	Both
216	Abhal	UPI-Part-I, Vol.IV	5	25 gms	Ehtabas-e-Baul wa Haiz, Falij, Istirkha, Ustr-e-Tanaffus, Qaraqar-e-Shikam, Sangrehni, Deedan-e-Ama.	3-5 gm	NS	Both
217	Abresham	UPI-Part-I, Vol.VI	3	25 gms	Khafqan, Zof-e-Qalb, Sual, Zeeq-un-Nafas, Nazla	3-5 g	NS	Both
218	Afsanteen	UPI-Part-I, Vol.II	3	25 gms	Deedan-e-Ama, Warm-e-Kabid, Warm-e-Tehal, Sara, Humma	3-5 gms	NS	Both
219	Aftimoon	UPI-Part-I, Vol.III	1	25 gms	Warm-e-Tehal, Malikholia, Zof-e-Kabid, Warm-e-Kabid	3-5 gms	NS	Both
220	Ajwan	UPI-Part-I, Vol.VI	7	25 gms	Nafkh-e-Shikam, Wajul-Meda, Zof-e-ishteha, Qulanj, Shaheeqa, Ishal, Ikhtenaq-ur-Rahem, Haiza	3-5 gms	NS	Both
221	Anjabar	UPI-Part-I, Vol.III	3	25 gms	Ishal, Baul-ul-dam, Ishal-e-Damvi, Sil, Zof-e-Ishteha, Sahaj-e-Ama, Ghasayan, Bawaseer-e-Damia	3-5 gms	NS	Both
222	Arjun	UPI-Part-I, Vol.IV	13	25 gms	Zof-e-Qalb, Khafaqan, Warm-e-Qalb, Fasad-e-Dam, Ishal, Sangrahni, Hummiyat-e-Muzmina	3-5 gm	NS	Both

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223	Arusa	UPI-Part-I, Vol.VI	13	50 gms	Sual, Zeeq-un-Nafas, Sil, Waj-ul-Asnan	5-10 ml	NS	Both
224	Aslus-soos	UPI-Part-I, Vol.I	9	50 gms	Sual, Khushunat-e-Halaq, Bohat-us-Saut Haad, Zeequn Nafas, Hirqat-ul-Baul	5-10 gm	NS	Both
225	Aspaghol	UPI-Part-I, Vol.II	13	50 gms	Zaheer,Qabz,Sual-e-Yabis	5-10 gm	NS	Both
226	Asrol	UPI-Part-I, Vol.V	9	10 gms	Junoon, Ikhtinaq-ur-Raham, Fisharuddam Qawi, Sehar, Sara	500 mg – 1 gm	NS	Both
227	Babchi	UPI-Part-I, Vol.I	13	25 gms	Fasad-ud-Dam, Juzam, Bars, Bahaq Abyza.	3-5 gm	NS	Both
228	Badiyan	UPI-Part-I, Vol.I	15	50 gms	Waj-ul-Meda, Nafkh-e-Shikam, Zof-e-Meda, Ethebas-e-Baul, Ethebas-e-Tams, Zof-e-Basarat.	5-10 gm	NS	Both
229	Balela	UPI-Part-I, Vol.I	17	50 gms	Zof-e-Meda, Zof-e-Ama, Is-hal, Zof-e-Basarat, Zof-e-Dimagh, Sual.	5-10 gm	NS	Both
230	Banafsha	UPI-Part-I, Vol.III	14	50 gms	Humma, Nazla, Zatul Janb, Ztur-Riya, Sual.	5-10 gms	NS	Both
231	Baobarang	UPI-Part-I, Vol.I	19	25 gms	Deedan-e-Ama, Waj-ul-Mafasil.	1-2 gms	NS	Both
232	Behman Safed	UPI-Part-I, Vol.III	21	25 gms	Khafqan, Zof-e-Qalb, Zof-e-Bah	3 – 5 gm	NS	Both
233	Behman Surkh	UPI-Part-I, Vol.III	23	25 gms	Khafqan, Zof-e-Qalb, Zof-e-Bah	3 – 5 gm	NS	Both
234	Chiraita	UPI-Part-I, Vol.I	23	50 gms	Su-e-Hazm, Nafkh-e-Shikam, Fasad-ud-Dam, Istisqa-e-Ziqqi, Busoor, Taqteerul Baul, Zof-e-Ishteha	5 to 7 gm.	NS	Both
235	Chirchita	UPI-Part-I, Vol.IV	26	25 gms	Nafakh wa Dard-e-Shikam, Sual, Zeeq-un-Nafas, Sang-e-Masana, Bawaseer-Khooni	1-3 gm	NS	Both
236	Chob chini	UPI-Part-I, Vol.V	23	50 gms	Suda Muzmin, Shaiqa, Nazla, Zukam, Zof Bah, Fasad Dam, Waja-ul-Mafasil.	5 - 10 gm	NS	Both
237	Darchini	UPI-Part-I, Vol.I	26	10 gms	Bakhr-ul-Fam, Bahaq, Zof-e-Bah, Zeequn Nafas, Ehtebas e Baul	1-2 gms	NS	Both

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238	Dhatura	UPI-Part-I, Vol.IV	34	10 gms	Waja-ul -Mafasil, Niqras, Sual wa Zeequn Nafas, Nazla, Humma	30-60 mg	Pregnancy and infants	Both
239	Gilo	UPI-Part-I, Vol.I	30	50 gms	Humma, Ishal, Zaheer, Deedan-e-Ama.	5-10 gms	NS	Both
240	Gaozaban	UPI-Part-I, Vol.II	35	50 gms	Zeeq-un-Nafas, Yarqan, Zukam, Nazla, Khafkhan	5-10 gms	NS	Both
241	Goazaban	UPI-Part-I, Vol.V	27	25 gms	Zofe Qalb, Khafqan, Nazla wa Zukam, Zofe Dimagh, Suale Balghami	3-5 g	NS	Both
242	Ghafis	UPI-Part-I, Vol.III	29	25 gms	Humma, Waram-e-Kabid, Istisqa, Waram-e-Tehal	3-5 g	NS	Both
243	Gul Tesu	UPI-Part-I, Vol.V	29	50 gms	Mohallil warm, Musakkiin alam, Mudirr Baul, Qabiz, Rade Mawad	5-10 gms	NS	Both
244	Gule-Surkh	UPI-Part-I, Vol.IV	43	25 gms	Qabz, Aashob-e-Chasm, Warm-e-Jigar, Zof-e-Qalb, Khafaqan	3-5 g	NS	Both
245	Gule-Babuna	UPI-Part-I, Vol.II	39	25 gms	Suda, Suzak, Ramad, Waj-us-Sadr, Hasat-e-Kuliya Wa Masana, Zof-e-Aam, Ikhtinaq-ur-Rahem, Su-e-Hazm, Humma-e-Naubati	5 gm	NS	Both
246	Gul-e-Banafsha	UPI-Part-I, Vol.II	41	100 gms	Qabz, Sual, Nazla	10-25 g	NS	Both
247	Gul-e-Gaozaban	UPI-Part-I, Vol.VI	29	50 gms	Sual-e-Yabis, Zeequn Nafas, Warm-e-Lissa, Qula and Khafqan	5-7 g	NS	Both
248	Gule-Madar	UPI-Part-I, Vol.II	43	3 gms	Zeeq-un-Nafas, Zof-e-Meda	125 – 375 mg	NS	Both

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249	Halela Zard	UPI-Part-I, Vol.I	32	50 gms	Zofe-e-Basarat, Zof-e-Dimagh, Zof-e-Meda, Zof-e-Ama	5-10 gms	NS	Both
250	Hilteet	UPI-Part-I, Vol.I	36	10 gms	Nafkh-e-Shikam, Zof-e-Hazm, Zof-e-Meda, Nisyan, Qillat-e-Baul Falij, Laqwa.	1-2gms	Pregnancy	Both
251	Hulba	UPI-Part-I, Vol.II	53	50 gms	Sara, Istirkha, Niqras, Istisqa-e-Ziqqi, Sual-e-Muzmin, Izm-e-Tehal, Waram-e-Rahem, Bawaseer	3.5-7 gm	NS	Both
252	Jamun	UPI-Part-I, Vol.IV	57	50 gms	Zof-e-Meda wa Jigar, Zof-e-Ishtahala, Muskkkin-e-Sozish, Ishal-e-Damvi wa Safravi, Ziyabetus.	5-10 gms	NS	Both
253	Jauzbuwa	UPI-Part-I, Vol.I	38	25 gms	Zof-e-Bah, Qula, Falij, Laqwa, Zof-e-Basarat, Nafkh-e-Shikam	1-2 gms	NS	Both
254	Kalonji	UPI-Part-I, Vol.I	42	25 gms	Bahaq, Bars, Quba, Shaqeeqa, Zeequn Nafas, Zof-e-Meda, Nafkh-e-Shikam, Qulanj, Yarqan, Waj-ul-Mafasil, Waja-ul-Qutn. Falij,Laqwa.	1-2 gms	NS	Both
255	Kamila	UPI-Part-I, Vol.I	44	25 gms	Bussor, Jarab, Hikka, Deedan -e- Ama,	1-3 gms	NS	Both
256	Karanjwa	UPI-Part-I, Vol.V	42	25 gms	Humma, Fasadae Dam, Zeequn Nafas, Qoolanje Reehi	3-5 gms	NS	Both
257	Katan	UPI-Part-I, Vol.I	50	50 gms	Sual, Zeequn Nafas, Zat-ul-Janb, Zat-ur-Riya, Humuzat-e-Meda, Zaheer, Waj ul Mafasil, Haraq.	5 to 10 g.	NS	Both
258	Khar-e-Khasak Khurd	UPI-Part-I, Vol. I	52	50 gms	Hasat-e-Masana, Hirqat-ul-Baul, Ehtebas-eHaiz, Surat e Inzal, Jiryani.	5 to 7 g.	NS	Both
259	Khayar	UPI-Part-I, Vol.V	46	50 gms	Sozish e Baul, Hiddat e Safra wa Khoon.	5-7 g	NS	Both

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260	Khiyar Shambar	UPI-Part-I, Vol.I	54	300 gms	Qabz, Sual, Waram-e-lauzatain	20 to 40 g	NS	Both
261	Khurfa	UPI-Part-I, Vol.IV	80	50 gms	Shiddat-e-Atash, Ghalayan-e-Dam, Ziyadati-e-Safra, Sozish-e-Meda, Ama wa Baul.	3-7 g	NS	Both
262	Kishneez	UPI-Part-I, Vol.I	56	50 gms	Suda, Dawar, Zof-e-Qalb, Zof-e-Meda, Nafkh-eShikam, Zof e Dimagh	5 to 7g	NS	Both
263	Khaksi	UPI-Part-I, Vol.V	44	50 gms	Humma, Hasba, Judri. SualeMuzmin	5-10 gms	NS	Both
264	Khubbazi	UPI-Part-I, Vol.III	47	50 gms	Amraz-e-Riya, Qurooh-e-Meda,Suda, Waj-ul-Kabid	5-10 gms	NS	Both
265	Konch	UPI-Part-I, Vol.IV	83	25 gms	Jirayan, Zof-e-Bah, Surat-e-Inzal, Riqqat-e-Mani	3-5 g	NS	Both
266	Mako	UPI-Part-I, Vol.IV	91	50 gms	Warm-e-Jigar wa Meda, Dard-e-Gosh.	5-10 gms	NS	Both
267	Neelofar	UPI-Part-I, Vol.IV	104	50 gms	Zof-e-Qalb, Khafqan, Warm-e-Halaq, Khunaq.	5-7 gms	NS	Both
268	Palas Papra	UPI-Part-I, Vol.VI	56	25 gms	Waj-ul-Masana , Waram-e-Masana, Deedan-e-Ama	3-5 gms	NS	Both
269	Qaranful	UPI-Part-I, Vol.I	70	10 gms	Bakhrul Fam, Waj-ul-Asnan, Zof -e-Meda, Zof-e-Kabid, Sue-Hazm, Nafkh-e-Shikam Qulanj.	500 mg-1gms	NS	Both
270	Qurtum	UPI-Part-I, Vol.III	84	25 gms	Waram-e-Rahem, Waram-e-Ahsha, Waram-Waram-e-Kabid	3-5g	NS	Both
271	Rehan	UPI-Part-I, Vol.V	71	15 leaf 50 gms	Wajaul gosh, Khafqan, Ehtabase Haiz, Zofe Meda, Sual.	1-2 (dry leaf) 5-6 g (in juice form)	NS	Both

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272	Revand chini	UPI-Part-I, Vol.II	91	25 gms	Yarqan, Istesqa, Warm-e-Kabid	1-3 gms	NS	Both
273	Sana	UPI-Part-I, Vol.I	76	50 gms	Waj-ul-Mafasil, Waj-ul-Qutn, Waj-ul-Warik, Irq-un-Nisa, Niqras, Zeeq-un-Nafas, Jarab, Busoor, Qulanj	5 to 10 g.	NS	Both
274	Sazaj Hindi	UPI-Part-I, Vol.I	78	25 gms	Zof-e-Meda, Bakhrulfam Zof-e-Kabid, Ishal, Sual, Nazla, Zukam	1 to 3g	NS	Both
275	Satawar	UPI-Part-I, Vol.VI	74	50 gms	Is-hal, Jiryan, Kasrat-e-Ehtelam, Sailan-ur-Rahem, Surat-e-Inzal, Zaheer	5-10 gms	NS	Both
276	Seer	UPI-Part-I, Vol.V	86	25 gms	Wajaul Mafasil, Bars, Bahaq, Falij, Laqwa, Rasha, Sual, Dama, Humma.	2-3 gms	NS	Both
277	Shahatra	UPI-Part-I, Vol.VI	76	50 gms	Aatishak, Busoor, Suzak, Humma	5-10 gms	NS	Both
278	Sumbul-ut-Teeb	UPI-Part-I, Vol.I	84	25 gms	Suda, Nafkh-e-Shikam, Istisqa, Yarqan, Waram-e-Kabid, Waram-e-Rahem, Waram-e-Masana.	3-5 gms	NS	Both
279	Tukhme-Gazar	UPI-Part-I, Vol.VI	90	100 gms	Ehtebas-e-Baul Ehtebas-e-Haiz, Zof-e- Bah Waj-us-Sadr, Sozish-e-Baul, Hasat -e-Kulya wa Masana	4 – 9 g	NS	Both
280	Tukhm -e-Kasni	UPI-Part-I, Vol.VI	95	50 gms	Yarqan Suddi Waram-e-Kabid, Istisqa, Hummiyat- e-Muzmina	5-7 g	NS	Both

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281	Tukhme Khatmi	UPI-Part-I, Vol.V	99	50 gms	Wajaul Mafasil, Zatul Janab, Zatul Raiyya, Nazla wa Zukam, Sual	5-10 gms	NS	Both
282	Tukhm-e-Karafs	UPI-Part-I, Vol.II	93	25 gms	Zat-ul-Janb, Irq-un-Nisa, Niqras, Waja-ul-Zohar, Nafkh-e-Shikam, Istisqa, Ehtebas-e-Baul, Hasat-e-Kuliya-wa-Masana	3-5 g	NS	Both
283	Tukhm-e-Kasoos	UPI-Part-I, Vol.II	95	50 gms	Humma, Yarqan, Waram-e-Kabid	6-10g	NS	Both
284	Waj Turki	UPI-Part-I, Vol.V	107	25 gms	Nisyan, Khadar, Istirkha, Luknate Zaban, Junoon, Sara, Falij, Wabai Amraz, Ehtebase Haiz.	1-3 gms	NS	Both
285	Zanjabeel	UPI-Part-I, Vol.I	88	50 gms	Nafkh-e-Shikam, Waj-ul-Meda, Zof-e-Ishteha, Waj-ul-Mafasil, Waj-ul-Qutn, Sual, Zeequn - Nafas, Sailan-ur-Rahem.	5-10 gms	NS	Both
286	Zard Chob	UPI-Part-I, Vol.I	90	50 gms	Qurooh, Waj-ul-Mafasil, Ramad, Zof-e-Basarat, Hikka, Zeeq-un-Nafas, Nazla, Zukam, Kharish.	5-10 gms	NS	Both
287	Zeera Siyah	UPI-Part-I, Vol.I	92	25 gms	Zof-e-Meda, Nafkh-e-Shikam, Su-e-Hazm,	3 to 5g	NS	Both
288	Zufa Yabis	UPI-Part-I, Vol.II	97	50 gms	Zof-e-Ishteha, Nafkh-e-Shikam, Sual, Nazla, Zeeq-un-nafas, Khushoonat-e-Halq	5-10 gm	NS	Both

List of participating experts

Discussion Meeting with invited experts for consolidation of ASU&H EDLs on 28th February 2012

1.	Dr. Sheela Karalam. B, Special Officer (R&D) Oushadha Kuttanellur, Trissur, Kerala.
2.	Sh. R.R. Shukla IFS, Managing Director, Oushadhi, Trissur, Kerala.
3.	Vd .Mangala Jadhav, Directorate of Ayurveda, Maharashtra.
4.	Dr. Anitha Jacob, Director (Indian Systems of Medicine), Kerala.
5.	Dr. Jamuna.K, Director Homoeopathy, Kerala.
6.	Dr. P.V. Santhosh, Managing Director, Kerala State Homoeopathy Cooperative Pharmacy, Alappuzha, Kerala.
7.	Dr. Mohd. Waseem Khan, In-charge Govt. Unani Pharmacy, Bhopal, Madhya Pradesh.
8.	Dr. Pradeep Chaturvedi, Superintendent , State Ayurvedic Pharmacy, Gwalior, M.P.
9.	Dr. Ramesh P. R, Chief Physician and Medical Superintendent, Arya Vaidyasala Ayurveda Hospital & Research Centre, Karkardooma, Delhi.
10.	Dr.S. Deepa, SMO (Ay.) CGHS Wellness Centre, Jangura Extension, New Delhi.
11.	Dr. K.G. Radhakrishana, Secretary In-charge, IMPCOPS, Chennai, Tamilnadu.
12.	Dr.C. Lallunghnema, Dy. Director, Department of Health & Family Welfare, Mizoram.
13.	Dr. Mridula Dua, Research Officer (Scientist-IV), CCRAS.
14.	Prof.(Dr.) Bichirtrananda Mishra, Head, Department of RasShastra & Bhaisajya Kalpana and Superintendent, Government Ayurvedic Pharmacy Bolangir, Odisha.
15.	Dr. Narender Singh Bisht, Manager Production, IMPCL, Mohan, Uttrakhand.
16.	Shri Prakesh Bhatt, F&D Executive, IMPCL Mohan, Uttrakhand.
17.	Dr. Jagbir Sharma, Asstt. Director (Ay.), Directorate of Ayurveda, Himachal Pradesh.
18.	Dr. S.S. Suman, Medical Officer (Homeopathy), Punjab Govt.
19.	Dr. Ramesh Sharda, Joint Director- Homoeopathy, Punjab.
20.	Dr. Shardindu Sharma, Supdtt. Punjab Govt. Ayurvedic Pharmacy and Stores, Patiala.
21.	Shri Om Prakash, Office Superintendent, Govt. Ay. Pharmacy & Stores, Patiala, Punjab.
22.	Dr. A. Guneshwor Sharma, State AYUSH Officer, Medical Directorate, Manipur.
23.	Dr. H.Y. Rathod, Drug Inspector, Department of AYUSH, Govt. of Karnataka.
24.	Dr. M. A. Dasar, Deputy Director, Central Pharmacy, Bangalore, Govt. of Karnataka.
25.	Shri Chandra Mohan Arora, Senior Manager I/C, State Cooperative Drug Factory, Ranikhet, Uttarakhand.

26. Dr. Anand T. Gudivada, CMO I/C, CGHS Ayurvedic Medical Store Depot, New Delhi.
27. Dr. A.M Abdul Kadher, Joint Director (Indian Medicine & Homeopathy), Govt. of Tamilnadu.
28. Dr. Sangeeta Nehra, AYUSH Department, Haryana.
29. Dr. Janardan Panday, Ex. Joint Advisor (Ayurveda), Department of AYUSH.
30. Dr. Nilesh Ahuja Assistant Director (ISM), Govt of NCT, Delhi.
31. Dr. Y.D. Sharma, Deputy Director (ISM), Govt. of NCT, Delhi.
32. Dr. K.V. Prakashan SMO I/C, CGHS Homeopathic Medical Store Depot, New Delhi.
33. Dr. P.K. Shukla, PCCF & M.D., M.P State Minor Forest Produce Federation, Bhopal.
34. Shri R. R. Okhandian, CCF & CEO Minor Forest Produce Processing Centre, Vindhya Herbals, Barkheda Pathan, Bhopal, Madhya Pradesh.
35. Dr. S.V. Tripathi, Chief and Head of Ayurvedic Research Institution, Mool Chand Hospital, Lajpat Nagar, New Delhi.
36. Dr. Renu Batra, Chief Medical Officer (NFSG) In-charge, NDMC Central Ayurvedic Medical Stores, New Delhi.
37. Officers of Department of AYUSH: Dr. D. C. Katoch, Dr. S.A. Pasha, Dr. G.C. Gaur, Dr. Anupam, Dr. Gaurav Sharma, Dr. Hanumant Kathait, Dr. Senthilvel.



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