

GOVERNMENT OF TELANGANA
GOVT.RESEARCH DEPARTMENT (AY) : ERRAGADDA, HYDERABAD (GRDA).

A BRIEF NOTE ON THE RESEARCH DEPARTMENT AYURVEDA

The Research is the back bone of the development of science & Technology. The Science and Research are never ending processes in the Universe. Development of any branch of Science is directly linked with Research. The Government of Andhra Pradesh identified the necessity of Research in Ayurveda and established a Research Centre at Hyderabad.

The Govt. Research Department Ayurveda has come into existence in the year of 1957 vide G.O.Ms.No.2405 Health, Medical dated: 30.11.1957. The Unit was started with effect from 1958 with (30) beds at the Govt. Ayurvedic Hospital, Charminar Campus. Later another (10) beds were sanctioned under the Scheme of Research in Maternity and Pediatric diseases in 1959 vide G.O.Ms.No.830, Health Medical, dated: 7.4.1959. This Unit was inaugurated on 17.6.1959. Therefore the Govt. Research Department of Ayurveda (GRDA) was established with (40) beds for Clinical Research.

The Research Department is placed under the Charge of the Research Officer who is assisted by (3) Asst. Research Officers, Deputy Statistical Officer, Photographer, Other Lab-Technicians, Nurses and Para-medical Staff along with Ministerial Staff for the smooth functioning of Clinical Research and effective treatment.

A part from this Government has re-allotted with (60) beds Strength from Govt. Ayurvedic Hospital, Charminar along with redistributed Medical, Para medical and Class IV Employees to this Institution under the Control of Research Officer & In-Charge Medical Superintendent for effective treatment and Research trials. Thus the total Bed Strength is $40 + 60 = 100$ excluding paying Room patients 6.

Presently the Research Department is functioning at Erragadda, Hyderabad under State Government Headed by Commissioner, Department of AYUSH, Hyderabad.

It is learnt that the Clinical Research was conducted on several diseases so far at Govt. Research Department Ayurveda since inception with and without financial assistance of State & Central Govt. and achieved good results. As per the record available.

The main Aims and Objectives of GRDA :

The GRDA was establishment with four main objectives. They are

- I) CLINICAL RESEARCH.
- II) DRUG STANDARDIZATION & DRUG TESTING.
- III) SOCIOLOGICAL RESEARCH (Family Planning).
- IV) FUNDAMENTAL & LITERARY RESEARCH.

CLINICAL RESEARCH

The Clinical Research work is done by (1) Research Officer and (3) Assistant Research Officers are as follows:

| Sl. No. | Name | Designation | Research Project |
|----------------|----------------------|------------------------|---|
| 1 | Dr.Venkateshwar Rao | Research Officer | Clinical study of effect of Lekhana Vasti in Medho Roga (Obesity) |
| 2 | Dr.B.Ravindra kumar | Asst. Research Officer | Effect of Jeernakarkaruka nasyam in Galganda (Goitre) TSH |
| 3 | Dr.CB.Dhanraj | Asst. Research Officer | The Effect of Bakuchi in Switra (Leucoderma) |
| 4 | Dr.K.V.Ram Subba Rao | Asst. Research Officer | Assesment of Safety & Therapeutic efficacy of "Tekaraja Maricha" in the Management of mild persistant Asthma "Tamaka Swasa" (Bronchial Asthma). |